



भारत सरकार / रेलमंत्रालय
GOVT. OF INDIA / MINISTRY OF RAILWAYS
भारतीय रेल आपदा प्रबंधन संस्थान
Indian Railways Institute of Disaster
Management

बंगलोर / Bangalore – 560 074 (India)

Railway Phone No. 57006, 57010 & 57048, email dir.irdm@gmail.com



No. B/M/IRIDM/08/HOT-FA & TMT/Course

Date: 26.09.2022

Sr.DME/SBC, MYS, UBL, BZA, SC, HYB, GTL, NED, GNT, KUR, WAT, SBP
Sr.DEE/G/ SBC, MYS, UBL, BZA, SC, HYB, GTL, NED, GNT, KUR, WAT, SBP
Sr.DCM/ SBC, MYS, UBL, BZA, SC, HYB, GTL, NED, GNT, KUR, WAT, SBP
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Sub: Course on "Hands-on training on First Aid & Trauma management during golden hour at Accident site" for Onboard Supervisors & Staff, from 10.10.22 to 12.10.22 at IRIDM/SBC.

Objective of the course:

The core group of onboard train staff, Supervisors & other depts. front line staff of IR has a very important role & responsibilities in handling the real situation i.e. golden hour of different types of Train accidents. In this regard, IRIDM provides intensive training (theoretical & practical) on HOT- FA & TMT i.e. hands-on training on First Aid & Trauma Management to handle injured passengers during Golden hour at train accident site.

The following topics will be covered in the training course -

1. Introduction to Disaster Management.
2. Role & Responsibilities of on board staff during (Golden Hour) rescue,
3. Emergency provisions in the coaches for rescue activities.
4. Fire prevention & fire fighting using different types of fire extinguishers.
5. Principles of first aid & function of circulatory, respiratory systems.
6. Asphyxia & shock, causes & its Management. First aid for unconscious & chest pain and CPR.
7. Hands-on practice on First aid activities, stretcher exercises on operational techniques and handling procedure of injured passengers.
8. Trauma care, general principles of first aid during golden hour.
9. Types of wounds, burns, fractures, its identification & its first aid.
10. Hands-on practice on immobilization techniques using splints, types of bandaging & slings.
11. Transporting techniques of the injured, do's & don'ts etc.

Target group of participants: onboard staff including the supervisors & staff i.e. TTE, RPF/GRP, catering staff, C&W accompanying staff, AC mechanics, power car technicians, etc. the nominations may be restricted to max 2 participants for each Dept / Division.

Communication:

Please communicate nominations to this office through email: prof.irdm@gmail.com , dir.irdm@gmail.com so that necessary accommodation, transportation and mess arrangements are made for the participants at IRIDM.

For any information please contact: (Course co-ordinator)

For training courses & transportation, Shri J Kumaravelu, Sr. Instructor, 8431404300

For Hostel Shri Sanjay S Atote, MTS/Lecturer, 9901487371,


27.09.22
(Jayant Ramachandran)
Professor/IRIDM