



भारत सरकार / Government of India  
रेल मंत्रालय / Ministry of Railways  
दक्षिण मध्य रेलवे / South Central Railway

मं.रे.प्र का कार्यालय,  
Office of the DRM  
विजयवाडा मंडल /  
Vijayawada Division  
वाणिज्य विभाग,  
Commercial Branch  
विजयवाडा, Vijayawada.  
आन्ध्र प्रदेश, Andhra Pradesh

B/C.19/staff/trainings

Dt. 23-02-2023

Professor/IRIDM,  
Bangalore.

Sub: Course on "Hands-on training on First Aid & Trauma management during golden hour at Accident site" for Onboard Supervisors & staff from 27.02.2023 to 01.03.2023 at IRIDM/SBC - Reg

Ref: Your Office Lr no. B/M/IRIDM/08/HOT-FA&TMT/Course dt. 14.02.2023

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With reference to the above, the following staff pertaining to ticket checking cadre are nominated from Vijayawada division,

S No	Name	Designation	PF No	Mobile No.
1	M Kasi Viswanath	CTI/COR/BZA	24409359709	9121271494
2	P S Koteswara Rao	TTI/SL/BZA	244IG131839	9121271244

This has the approval of Sr.DCM/BZA.

(Md Ali Khan) 23/2/23  
ACM/I/BZA  
For Sr.DCM/BZA

E. 2059/42  
2/02

	<b>भारत सरकार / रेल मंत्रालय</b> <b>GOVT. OF INDIA / MINISTRY OF RAILWAYS</b> <b>भारतीय रेल आपदा प्रबंधन संस्थान</b> <b>Indian Railways Institute of Disaster Management</b> बंगलोर / Bangalore – 560 074 (India) Railway Phone No. 57006, 57010 & 57048, email: <a href="mailto:dir.irdm@gmail.com">dir.irdm@gmail.com</a>	
<b>No. B/M/IRIDM/08/HOT-FA &amp; TMT/Course</b>		<b>Date: 14.02.2023</b>

Sr.DME/SBC, MYS, UBL, BZA, SC, HYB, GTL, NED, GNT, KUR, WAT, SBP, SUR, NGP, Pune, BSL, BB  
Sr.DEE/G/ SBC, MYS, UBL, BZA, SC, HYB, GTL, NED, GNT, KUR, WAT, SBP, SUR, NGP, Pune, BSL, BB  
Sr.DCM/ SBC, MYS, UBL, BZA, SC, HYB, GTL, NED, GNT, KUR, WAT, SBP, SUR, NGP, Pune, BSL, BB  
Sr.DSC/ SBC, MYS, UBL, BZA, SC, HYB, GTL, NED, GNT, KUR, WAT, SBP, SUR, NGP, Pune, BSL, BB

**Sub: Course on "Hands-on training on First Aid & Trauma management during golden hour at Accident site" for Onboard Supervisors & Staff, from 27.02.23 to 01.03.23 at IRIDM/SBC.**  
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**Objective of the course:**

The core group of onboard train staff, Supervisors & other depts. front line staff of IR has a very important role & responsibilities in handling the real situation i.e. golden hour of different types of Train accidents. In this regard, IRIDM provides intensive training (theoretical & practical) on HOT- FA & TMT i.e. hands-on training on First Aid & Trauma Management to handle injured passengers during Golden hour at train accident site.

**The following topics will be covered in the training course -**

1. Introduction to Disaster Management.
2. Role & Responsibilities of on board staff during (Golden Hour) rescue.
3. Emergency provisions in the coaches for rescue activities.
4. Fire prevention & fire fighting using different types of fire extinguishers.
5. Principles of first aid & function of circulatory, respiratory systems.
6. Asphyxia & shock, causes & its Management. First aid for unconscious & chest pain and CPR.
7. Hands-on practice on First aid activities, stretcher exercises on operational techniques and handling procedure of injured passengers.
8. Trauma care, general principles of first aid during golden hour.
9. Types of wounds, burns, fractures, its identification & its first aid.
10. Hands-on practice on immobilization techniques using splints, types of bandaging & slings.
11. Transporting techniques of the injured, do's & don'ts etc.

**Target group of participants: onboard staff** including the supervisors & staff i.e. TTE, RPF/GRP, catering staff, C&W accompanying staff, AC mechanics, power car technicians, etc. the nominations may be restricted to **max 2 participants for each Dept / Division.**

**Communication:**

Please communicate nominations to this office through email: [prof.irdm@gmail.com](mailto:prof.irdm@gmail.com) , [dir.irdm@gmail.com](mailto:dir.irdm@gmail.com) so that necessary accommodation, transportation and mess arrangements are made for the participants at IRIDM.

**Contact Details**

Sl No	Description	Name	Designation	Mobile No	Remarks
1	For	Shri Raj Kumar	Tech C&W	9835947127	For vehicle arrangement
2	Transportation	Shri J Kumaravelu	Sr. Instructor	8431404300	Only During emergency
3	For hostel	Shri Sudhakar Kumar	Tech C&W	8677928540	For Hostel
4	accommodations	Shri Sanjay S Atote	MTS/Lecturer	9901487371	Only During emergency

**Note:** All the participants to be arrive at Kengeri (KGI) Railway station or Metro station for pickup to hostel.

*Jayant*  
14.2.23  
(Jayant Ramachandran)  
Professor/IRIDM  
For Director/IRIDM

- Copy to: PCMEs of SWR, SCR, ECoR & CR for kind information.  
PCEEs OF SWR, SCR, ECoR & CR for kind information.  
PCCMs of SWR, SCR, ECoR & CR for kind information.  
PCSCs of SWR, SCR, ECoR & CR for kind information.

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Office of the  
Medical Chief Commercial Manager  
Railway, Bangalore