



# Jack and Jill (E.M.) High School

South Central Railway Women's Welfare Organization, Vijayawada



*Dear Ma'am/Sir,*

For several years IQ was considered extremely important to become successful in life. In fact it is still considered as a benchmark to secure admission to all the prestigious institutions across the globe. However, research shows that IQ is just the tip of an Iceberg i.e. it plays only 20% role in making an individual successful in life whereas Emotional Quotient or EQ plays 80% role to not only make a person successful but also happier and more satisfied with his/her life. Emotional intelligence is the capacity to be aware of, control, and express one's emotions, and to handle interpersonal relationships judiciously and empathetically. "Emotional intelligence is the key to both personal and professional success."

Undoubtedly both IQ and EQ play an important role in the growth and development of a child. It has been observed that while our schools and colleges focus a lot on the intellectual development of children, development of their emotional quotient/ Intelligence often takes a backseat.

To raise awareness regarding the importance of emotional intelligence among children and adults, SCRWWO Vijayawada in the last academic session organised a fun-filled carnival with a lot of activities that gave children opportunities to explore and become aware of their emotions and also to learn ways to handle them. The Carnival got a huge response with participation of more than 500 students from different schools of Vijayawada.

Taking a cue from this success and to reinforce the importance of emotional intelligence in our lives, we are organising an EQ Pop Up fest on Saturday, 17th December 2022.

This fest is based on the premise that: 1. Emotions give us energy and insight, and 2. Children learn through play. This is a well being Fest. The activities will be in line with the United Nations sustainable development goals (SDGs). Such unique Fests have been organised across the globe and here in India, through an organisation called Six seconds in collaboration with UNICEF. Our effort will be to strike a perfect balance between IQ and EQ through fun activities. Along with the above activities there will be, on the spot Talent show and many other activities to engage the young minds.

*You are invited along with your teachers, students and their families to participate in this unique event.*

### Highlights of the Fest

1. EQ Activities 2. Talent Show 3. Food Stalls 4. Potter's Wheel 5. Exhibition-cum-Sale of local handicrafts and much more.

We look forward to wholehearted participation of your organisation in making this a successful event.

*Best wishes,*  
SCRWWO  
Vijayawada Division



**Come One Come All!**  
**Have Fun with Family**  
**Dive into**  
**A World Beyond Books**

**Venue: Jack and Jill (E.M.) High School, Near Vijayawada Railway Station**

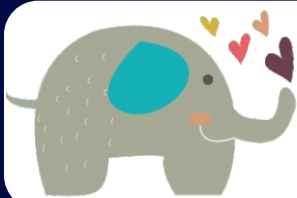
For details, please contact  
Mr. Rao 97013 73990  
Mr. Samson 93472 68788



# Jack and Jill (E.M.) High School and South Central Railway Women's Welfare Organization Vijayawada Division



*cordially invite to*



## POP-UP FESTIVAL

 sixseconds

unicef 

WORLD  
CHILDREN'S  
DAY

*Chief Guest*

**Shri SHIVENDRA MOHAN**

Divisional Railway Manager  
Vijayawada Division, SCR

*Guest of Honour*

**Dr. JAYA MOHAN**

President, SCRWWO  
Vijayawada Division, SCR

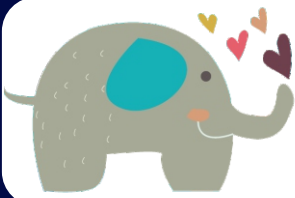
**Time: 10:00 am to 6:30 pm**

**Day & Date: Saturday, 17th December 2022**

**Venue: Jack and Jill (E.M.) High School,  
Near Vijayawada Railway Station**

– SCRWWO Members, Vijayawada

Please join our celebration with Your Friends and Family!



# POP-UP FESTIVAL

sixseconds

unicef

WORLD  
CHILDREN'S  
DAY

## PROGRAMME SCHEDULE 17.12.2022

### *Inaugural Ceremony* 10:00 am onwards

- Arrival of the Chief Guest
- Inauguration Ceremony
- Lighting of Lamp
- Prayer Song
- Dance by Asha Kiran Children
- Speech by the President, SCRWWO
- Speech by the Chief Guest
- Vote of Thanks

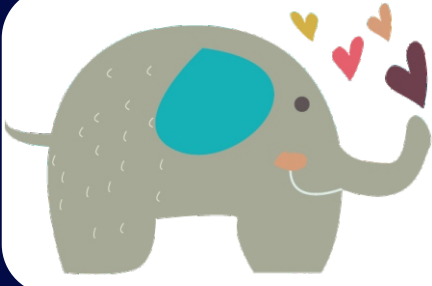
### *Closing Ceremony* 06:30 pm onwards

- Speech by the Vice Presidents, SCRWWO
  - Speech by the President, SCRWWO
  - Prize Distribution to Winners
  - National Anthem
  - Vote of Thanks
-



# Jack and Jill (E.M.) High School

South Central Railway Women's Welfare Organization, Vijayawada



# POP-UP FESTIVAL



Saturday  
**17<sup>th</sup> Dec**  
2022  
10:30 am  
to 6:30pm

**Venue: Jack and Jill (E.M.) High School,  
Near Vijayawada Railway Station**



Learn About  
Emotional Well-being  
Sustainable Developmental Goals

Participate

- Talent Show Kids and Adults
- Lucky Dip
- Paint the wall
- Exhibition cum sale



Interactive Games

- Name Game
- Know Your Strength
- Friendship Medal
- Colour Your Heart
- Flower of Gratitude
- Emo Footsteps
- know My Anger
- Shine Bright

Interactive Sessions

- Bullying + Cyber crime/ Safety
- Mental Health
- Achchi Aadatein/ Good Habits

Enjoy



- Theatre Charlie Chaplin
- Potters wheel
- Block Printing from Pedana
- Yummy Delicacies at Food Stalls

Cultural Shows

- Asha Kiran Children
- SKCV children
- Jack and Jill Students
- Scouts and Guides

Our Sponsors



## Win Prizes and Participation Certificates



**Come One Come All!**  
**Have Fun with Family**  
**Dive into**  
**A World Beyond Books**

