
	भारत सरकार GOVERNMENT OF INDIA रेल मंत्रालय MINISTRY OF RAILWAYS दक्षिण मध्य रेलवे SOUTH CENTRAL RAILWAY मंडल कार्यालय, कार्मिक शाखा, विजयवाडा Divisional Office, Personnel Branch, Vijayawada-520 001.	 अज्ञाती अमृत महोत्सव
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NO.SCR/P-BZA/721/Misc - Yoga/2023

Dt. 15.06.2023.

CMS/BZA &
All Branch Officers /BZA Division.

Sub:-Celebration on 21st June 2023 as "International Day of Yoga".
Ref:-1. Railway Board's Lr.No. E(MPP)2023/3/15 dated 05.06.2023..
2. PCPO/SC's letter No.SCR/P-HQ/470/11/WFI/IDY,dt.07.06.2023

Referece to the above, Railway Board has advised vide letter under reference 01 above, to celebrate 21st June as "International Day of Yoga (IDY)" in a befitting manner. To enhance the awareness about Yoga benefits among employees, it is requested that all Offices/Units may organize Yoga programes for the duration of at least 45 minutes as per common Yoga protocol (CYP) advised by Ministry of Aayush.

The International Yoga Day (IDY) for Divisional Office Staff will be conducted at "Railway Function Hall, Gopal Reddy Road, Beside Railway Officers Club, Vijayawada" at 07.00 A.M. on 21.06.2023. All Branch Officers are requested to participate in the programme commencing at 7.00 A.M. It is also requested to direct all the staff working under their control to participate in the celebrations with white dress from 7.00 hrs. to 8.00 hrs. on 21.06.2023 without fail.


/Sr.DPO/BZR/2023

C/- PS to DRM For kind information of DRM/BZA.
C/- PS to ADRM/Infra & ADRM/OP For kind information of
ADRM/Infra & ADRM/OP BZA.